

WESTMINSTER WILDCAT TRACK & FIELD
PROPOSED SCHEDULE OF EVENTS
REGION 6AA GIRLS' TRACK & FIELD CHAMPIONSHIPS
The Westminster Schools, Saturday, April 30 & Monday, May 2, 2011

Saturday, April 30, 2011

FIELD EVENTS: (Participants should report to their respective competition areas.)
All Finals! (top two in each event qualify for the **State Meet**)

9:00 AM DISCUS THROW
LONG JUMP
POLE VAULT

11:00 AM HIGH JUMP
SHOT PUT
TRIPLE JUMP

RUNNING EVENTS:

Qualifying: Two Heats: top three in each heat and next two fastest times qualify for the final.
Three Heats: top two in each heat and next two fastest times qualify for the final.

1:00 PM 4X100 Meter Relay Qualifying
1:15 PM 1600 Meter Run **FINAL** (Top two qualify for the **State Meet**)
1:30 PM 400 Meter Dash Qualifying
1:45 PM 100 Meter Dash Qualifying
2:00 PM 100 Meter Intermediate Hurdles Qualifying
2:15 PM 800 Meter Run Qualifying
2:30 PM 200 Meter Dash Qualifying
2:45 PM 300 Meter Low Hurdles Qualifying
3:15 PM 4X400 Meter Relay Qualifying

Monday, May 2, 2011

RUNNING EVENTS: **All Finals!** (top two in each event qualify for the **State Meet**)

5:00 PM 4X100 Meter Relay Final
5:20 PM 400 Meter Dash Final
5:40 PM 100 Meter Dash Final
6:00 PM 100 Meter Intermediate Hurdles Final
6:20 PM 800 Meter Run Final
6:40 PM 200 Meter Dash Final
7:00 PM 300 Meter Low Hurdles Final
7:10 PM 3200 Meter Run Final
7:30 PM 4X400 Meter Relay Final

TEAM AWARDS

SCRATCH MEETING – THURSDAY, APRIL 28, 2011, 7:00 PM @ WESTMINSTER SCHOOLS
TURNER GYMNASIUM GERDES CLASSROOM